Table 7.1: Receipt of Instrumental Support: Number, Relationship, Compensation, and Resident Status of Helpers (Percent)[1,2]

Characteristics of Helpers	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate[3] (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Number[4,5]							
None	14.6	17.0	15.5	5.1	20.9	15.4	0.0
1	39.9	41.0	41.1	33.4	41.8	42.6	28.5
2	25.9	24.0	24.7	34.5	24.9	24.8	30.8
3	13.1	10.9	14.0	17.1	7.0	13.4	24.1
4 or more	6.6	7.1	4.8	10.0	5.5	3.9	16.6
Relationship to participant[6]							
Spouse	22.3	33.0	18.3	4.6	25.2	18.3	26.9
Daughter/daughter-in-law	38.0	41.8	34.5	36.5	36.4	34.1	49.6
Son/son-in-law	22.1	22.4	21.5	23.0	15.9	26.1	23.2
Sibling	6.9	6.8	6.1	9.3	6.0	7.6	6.9
Other relative	22.3	23.3	19.4	26.6	24.8	17.8	28.6
Paid non-relative	32.4	19.0	38.2	52.7	27.4	31.9	41.7
Unpaid non-relative	12.7	10.9	12.7	17.1	8.8	13.5	17.1
Remuneration status[5]							
All paid	15.1	10.8	19.6	15.0	17.0	16.8	8.0
All unpaid	61.3	74.8	54.6	43.0	67.7	62.9	47.1
Paid and unpaid	23.6	14.4	25.8	42.0	15.3	20.4	44.9
Residence status[5]							
All live with participant	30.3	39.5	26.3	16.1	37.9	24.2	31.9
None live with participant	48.8	36.6	55.6	64.0	45.0	58.9	31.5
Both arrangements	20.9	24.0	18.1	20.0	17.1	16.9	36.6

(Women's Health and Aging Study, baseline interview, 1992-1995)

[1] All variables have less than 1% missing data. Results are based on non-missing data.
[2] Descriptive statistics are based on weighted data.
[3] No ADL difficulty; disabled in two or more domains (see Chapter 1).
[4] The participants were asked to name up to three (or four for meal preparation) helpers for the following activities: bathing or showering, dressing, getting in or out of bed or chairs, eating, using the toilet including getting to the toilet, preparing meals, doing heavy housework, doing light housework, shopping for personal items such as medicines or toilet items, using the telephone, taking medications, and managing money.
[5] Categories may not add up to 100% due to rounding.
[6] Percent of participants having at least one helper in these categories.